

Menu

Breakfast

SIGNATURES

Served with fresh seasonal fruit & seasoned skillet potatoes

Cinnamon Banana French Toast \$10

Golden French toast layered with warm cinnamon-spiced bananas and finished with a drizzle of maple syrup.

Wholesome Banana Pancakes \$10

Naturally sweet mini banana pancakes crafted with simple ingredients - banana, egg, and flour - served fresh from the griddle.

Honey Apple Sausage Egg & Cheese \$10

Savory honey apple sausage, fresh egg, & melted cheese served on your choice of toasted coconut bread, Texas toast, or a warm flour tortilla.

Avocado Toast \$10

Fresh avocado layered on toasted bread and topped with ripe tomato & crispy bacon crumble.

CLASSICS

Traditional Breakfast \$6

Two eggs cooked your way, served with toast & fresh seasonal fruit.

Classic Panamanian Breakfast \$8

Two fried eggs served with savory sausage & traditional hojaldres- golden, fluffy Panamanian fried bread- for an authentic local breakfast experience.

LIGHT & FRESH

Greek Yogurt Bowl \$9

Greek yogurt layered with seasonal fruit, crunchy granola, chia seeds, & finished with a touch of honey.

Oatmeal your way \$6

A warm bowl of hearty oatmeal customized to your taste with your choice of honey, cinnamon, peanut butter, & raisins.

ADD ONS: Bacon, Sausage, Avocado, or Fresh Fruit \$3

SMOOTHIES

\$8

Tropical Sunrise

Strawberry, Pineapple, Banana & blended with your choice of Vanilla Almond Milk or Water.

Coconut Beach Bliss

Mango (seasonal) or Papaya, Pineapple, Banana, Fresh Coconut from our trees, & Vanilla Almond Milk.

Peanut Butter Paradise

Banana, Peanut Butter, & Oat Milk. Smooth, creamy, and naturally sweet - a satisfying island-style favorite.

Single Fruit Smoothie \$6

Choose from strawberry, blueberry, pineapple, banana, papaya, watermelon & seasonal mango with your choice of milk or water.

BREWS

Cold Brew Iced Coffee	\$6
Latte	\$5
Cappuccino	\$5
Flat White	\$5
Individual French Press	\$5
Espresso Shot	\$3
Drip Coffee	\$3

BOOZE

Bloody Mary	\$9
Passionfruit Mimosa	\$9
Espresso Martini	\$11
Irish Coffee	\$7

***7% ITBMS Tax + 3% CC Fee (if applicable)= 10%*

Boas Beachfront Lodge